

Healing Yourself With Cannabis Oil



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Introduction

This book is intended as a resource guide to help people educate themselves about nature's oldest and safest medicine – Cannabis. It came about as a result of my research, and the subsequent inquiries by friends and family for more information. So I have put together a guide that covers the whole gamut of information, from growing your own medicine, to safely making your own oil, to simply knowing what to buy and where to get it (if you are fortunate enough to live in or near a state that has legalized cannabis). This eBook basically compiles the roadmap of my research into the protocols of Rick Simpson, complete with video and other links. If you follow along and watch the links, you will get a thorough education that will guide you through the morass of hype, wrong or misleading information, and outright scams that await the unsuspecting newbie.

Over time, some links may become outdated. Sometimes videos like these get pulled, and then reposted later. Also, some links may provide information contradictory to this eBook. Bear in mind that this is a new and booming “industry”, and there are so many new folks getting involved they often unwittingly repeat misinformation. The study of Cannabinoids is also new, so there are new discoveries all the time. Even the information in this eBook may become outdated in the future as new discoveries are made, so always keep this in mind and don't be afraid to let go of outdated information. It's as natural as updating software, but in this case the software is in your mind LOL!

I believe most folks in the legalization or medical movement are well intentioned, but old outdated grow methods that are not eco-friendly are the “standard” in this new industry. There is also a lot of big money from uneducated Wall Street folks itching to get into the business that will have a big impact on how things look 10 years from now. So we need to be aware of the environmental impact of this new industry as legalization rolls out, preserving & enhancing the local boutique markets, rather than simply allowing large agricultural businesses to come in and take over. There are newer lighting technologies that use half the electricity and generate little to no heat, and the traditional method of growing using bottled nutrients & chemical fertilizers wreaks havoc on the environment. We must relearn the time-tested ways to “grow” the ideal soil using compost and organic dry soil amendments, and then allow the soil and its microlife grow the plants. It really is just that easy, but the mind always wants to meddle and big biz always wants to sell us more stuff! I will briefly cover a true organic “just add water” method in the grow section. Although a comprehensive grow guide is beyond the scope of this book, I will lay out the resources for you to get a thorough education on indoor & outdoor growing.

I always knew in my heart that Cannabis was actually helpful, while everyone was saying it was so bad for you. I have used Cannabis now for 37 years, without any adverse health effects

whatsoever. It helps me cope with the profoundly sick world in which we live. It is exciting to see this gift of nature restored to its rightful place as a medicine and so much more. It's appalling to look back and see how far the truth gets bent when greed is at work. And it's even more appalling when you think of all the people we know who needlessly suffered and died of cancer and other diseases during that time frame, while greed, fear and paranoia ruled the day. In fact, the term "Marijuana" was a new word coined by the press in the 1920's, to demonize Cannabis and increase racial tensions. "Marijuana" sounds scary, "Cannabis" has a whole different ring to it. So please enjoy this material, and educate yourself about this remarkable gift of nature. And spread the good news widely!

Some Background on Cannabis

Federal laws currently ban research on humans for the health benefits of Cannabis, as it is classified as a "schedule 1" substance defined as "having no medicinal value." The same folks making that claim filed in 1999 for [US patent #6630507](#), "Cannabinoids as Antioxidants & Neuroprotectants." In fact, the Feds have been growing and supplying Medicinal Cannabis for over 40 years. [Click here](#) for an article about the Federal Cannabis farm in Mississippi.

So while stuffy old white men in suits lie to us, getting their ducks in a row for their big pharma masters with patents and other regulations designed to keep you and I from being able to heal ourselves, we are all supposed to bear the burden of watching our loved ones die slowly because "we need more research." Really? Who needs more research? The cancer patient sent home to die by the oncologist after he gouged the patient's insurance company for a few hundred thousand dollars? Chemo is 97% ineffective and kills more people than it saves. No one has ever died from consuming Cannabis. Let the people BE the research, here and now, or at least stop arresting them! [Click here](#) and watch the first 10 minutes of this video. The remainder of the video has some incredible testimonials.

I see everyone driving around with pink ribbons on their cars, running laps to raise money for the so called "research," while those in control secretly patent and hoard Cannabinoids, choosing instead to peddle deadly & ineffective chemo drugs at *six-figure profits* per patient. I'm not saying all western medicine is bad, but sadly the US cancer protocols are all about money.



So even though the US Government patented Cannabinoids for medicinal use over 16 years ago, and they have been growing & distributing Medicinal Cannabis to patients for over 40 years, they still deny it has any medical value and prohibit any research that is not designed to show Cannabis as harmful. And understand that voter referendums are the only the real “reform legislation” that is being passed. It seems that’s the only way the people in this country can get anything done anymore. But worst of all, the legalization “template” used in the first few states harshly ban making the oil at home. Yes there are idiots who blow themselves up doing it, I get that, but if you don’t have \$3,000 to buy the oil or flowers do you have die or go to prison?!? If you grow the medicine outdoors and make your own oil, the cost of the entire treatment is very inexpensive. I hope at some point individuals can at the very least grow their own medicine and take it somewhere to have the oil extracted professionally. That seems like a reasonable compromise, although the distiller you’ll see later provides a safe way to make the oil at home, and recapture the solvent. I share this so you and others in your community can change things before it all gets set in stone legislatively, before the ability to make your own medicine cheaply and safely is taken away *again*.

How long must we wait for the simple ability to grow, make and take this medicine? Must we wait for the “Reefer Madness” generation to die off, while our family members die slowly? I wonder sometimes what it will take for Americans to get mad enough to turn off their TV’s and take back their country. Suffice it to say the [rabbit hole](#) goes much deeper than most care to consider, and the quaint notion that big government and the people “are in this together” should certainly be in question by now. What else have we been lied to about, in order to protect and nurture the profits of the .001% destroying this planet and the people on it?!? As George Carlin so eloquently put it, [“It’s a big club, and you ain’t in it!”](#)

But in the long run I am optimistic. I believe within 10 years this miracle herb will raise the quality of life for people & animals worldwide, as the old propaganda & programming give way to the truth, facts, and research. The proverbial genie is out of the bottle, and there’s no going back. Cannabis is not only a true panacea for most health issues, it’s also a disruptive technology in several other industries, and I believe it will have a similar impact on those other industries in the near future. Cannabis fibers can be used to make clothing, paper, and revolutionary new building materials. And the seeds can be used to make food and fuel. Hempcrete is a fantastic building material used in England, it breathes, and is the most energy efficient building material available. [Click here](#) for a 2 min video about Hempcrete.

(search Youtube.com for “Hempcrete” and you will find many more videos on the subject)

Henry Ford even [made a car out of hemp](#) that also ran on hemp fuel, but they don’t teach that in the free schools!

How It All Started

Rick Simpson is a former hospital worker from a small rural town in Nova Scotia, Canada. He stumbled on to the oil after sustaining a head injury at the hospital where he worked. Doctors had given up on him after several years and countless medications, so he tried Cannabis and eventually came up with the oil recipe. He then shared it with friends and family, and treated over 5,000 people for free (with a 95%+ success rate) until the Canadian MP's raided his home and arrested him. The video below probably saved him from a long prison sentence, as it was released and went viral shortly before his sentencing. This documentary has the full story, and it's the video that started a global revolution!

[Click here](#) to watch "Run From The Cure" The Rick Simpson Story - 58 min

"The only thing that I can really claim is that I discovered the proper way to produce and use this substance and I developed and published a protocol to make it more simple for patients to enjoy its use. As often as I could, I provided the medicine free of charge and I openly reported my findings to anyone who would listen, expecting that sooner or later someone would do something about it."

-Rick Simpson

Here are the ONLY THREE websites that Rick uses, trust no other sites using his name:

[Rick's "Phoenix Tears.ca" information site](#)

[Rick's official Facebook page](#)

[Rick's YouTube channel](#)

These days Rick spends his time helping and educating the public, and no longer makes or distributes the oil. Anyone peddling oil and claiming to be associated with him should be avoided as there are a lot of scammers on his facebook page offering to sell the oil via mail order.

For more information about Rick's journey I recommend his eBook "[The Rick Simpson Story.](#)" He deserves a Nobel Prize for his work, but instead he has been put through the legal grinder for his contributions to humanity, and this is a way that you can help support him and further his efforts to continue the propagation of this life saving information.

[Click here](#) to watch a 60 second video commercial I made for Rick Simpson's website.

[Click here](#) to watch a 1 hour documentary on the life of Jack Herer, aka "The Emperor Of Hemp." His best selling book "[The Emperor Wears No Clothes](#)" single-handedly saved Cannabis from obscurity. Jack passed his "title" to Rick before he died a few years ago.

Just HOW SAFE is Cannabis?

There are no Cannabinoid receptors in the brain stem, so you cannot “overdose” on cannabis and die like you can with opiates. Even *water* is fatal when too much is consumed at once, and yes, even drinking too much water at once has killed more people than Cannabis:

https://en.wikipedia.org/wiki/Water_intoxication



"The safety of this medicine is beyond compare and from what I have witnessed, it is no more dangerous than drinking a cup of fresh water. Even if a person overdoses badly, there is no harm done to them once the effects of the oil wear off. The most common side effect we have noted with people ingesting hemp oil for their medical conditions is a great deal of rest and a smile on their faces."

-Rick Simpson

Will I Get High?

Some people who have never tried Cannabis (and some who have) are concerned about it's psychoactive effects. Personally I enjoy that part of it, it's why I've kept using it all these years. In fact, I often eat mango when using Cannabis as it intensifies the effect, giving me more bang for the buck LOL! But there is a new method I have heard of where you can take something called "[Citicoline](#)", and that apparently blocks the psychoactive effects of the Cannabis. More information can be found by [downloading the eBook at this link](#), the eBook is 30 pages and is an excellent introduction to Cannabis and the perfect compliment to this eBook (*the Citicoline info is on page 20*). Be advised that Citicoline is NOT part of Rick's protocol, I have no experience with it and only very recently heard about it. If you deviate from Rick's proven protocol, you do so at your own risk & responsibility. Not trying to discourage experimentation, but if you have stage 4 cancer I suggest sticking with what we know works.

From Rick's Facebook page:

"Do I have to be stoned to get the cure?"



[Rick Simpson](#)

"By using a super tiny speck of the oil 3 times a day and doubling the dose every 4 days will build a tolerance to the oil that babies in arms or the elderly in their 90's can tolerate.

Many people do not get stoned or high, everyone is different, when a person is sensitive we recommend to start the same dosage as a baby and to know that 1 to 5 Mg are tolerated with no symptoms at all. We always like to see patients kept within their comfort zone, unless they have 3 months or so left (or have less time with cancer etc.), then we recommend to use as much as possible to turn things around sooner.

Another delivery method is the use of suppositories mixed at a 50/50 ratio (for serious conditions such as cancer or at a lower ratio mixed with cocoa butter or coconut oil), the oil does not directly enter the blood stream and many patients say they can use a huge amount of the oil this way, the medical effects start in 20 minutes, this method is ideal if time is an issue (many cancers etc.) or the high is not welcomed, we must be aware the oil is very strong and a tiny dab is all that is needed to start with. Suppositories are not recommended if a condition / cancer affects the digestive system or liver as the oil will not reach these areas.

Nobody has to get stoned to use the oil, using smaller doses, building a tolerance and suppositories are useful."

Videos to help ease your fears of being high (click the blue links to watch)

["Grandmas smoking weed for the first time"](#) (8 min)

["Grandpa smokes weed for the first time in his life"](#) (4 min)

Cannabis in the Media

[CNN's Dr. Sanjay Gupta speaks out](#) (4min)

[CNN's "Weed" Documentary](#) (42 min)

[CNN's "Weed 2" Documentary](#) (42 min)

[CNN's "Weed 3" Documentary](#) (42 min)

[CNBC's "Marijuana Country" Documentary](#) (42 min)

[CNBC's "Marijuana In America" Documentary](#) (42 Min)

[Denver Post website The Cannabist](#)

[Facebook group "Cannabis Network"](#) (may have new or conflicting info)

[CureYourOwnCancer.org](#) - A patient driven cancer site (may have new or conflicting info).

[Click here](#) to read how South Dakota laws regard Cannabis.

[Click here](#) to see how Kansas treats its Cannabis patients.

[TheSilverTour.org](#) - A Florida senior group dedicated to ending prohibition.

This isn't exactly mainstream, but [click here](#) to watch a great documentary called "Vitamin Cannabis" made a few years ago by a courageous young man in Colorado. He was documenting his experience with a family member who used the oil following Rick's protocol. It isn't broadcast quality, but it is worth a watch. He put the oil in gelcaps for convenience, what a great idea!

Exploring Your Options

Now that you have some context of how this gift of nature was essentially stolen from the people through malfeasant “legislation,” and why the whole situation regarding Cannabis freedom is a mess, you’re now equipped with the context in which one must operate at this time in history in order to secure your health & safety using the oil. I do not advise “fighting the system” as it is futile, simply do what you must do for your health and don’t make a martyr of yourself. If you feel the need to learn more about why I say that [click here](#).

Most people wanting the oil basically have 3 choices:

1. Find ready-made oil and just buy it.
2. Purchase Cannabis flowers and make your own oil.
3. Grow your own Cannabis and make your own oil.

It’s important to realize the costs and risks of each option. It takes roughly one pound of “top shelf” Cannabis flowers to make 60 grams of oil. Rick says people who have had chemo should take 2-3x that amount. As of this writing (depending greatly on where you live), one pound of top shelf indica is about \$2,500-\$6,000. Ready-made oils sold in states that allow it are generally about \$50-60 per gram. So the first two options are going to require some money, at least \$3000 or so. Growing top-shelf Cannabis is an art, and should not be undertaken by someone in the throes of a serious illness. It takes about 6 months and a lot can go wrong, especially for beginners. And the startup costs for indoor growing can be substantial if you are serious about quality (and you should be). So in the short term this treatment requires an investment, but where there is a will there is a way so to speak. Over the long haul we would all benefit by having people in our communities who could grow and provide this medication at real-world prices to people who need it, without interference from law enforcement. It’s the safest, most harmless substance, safer than water, yet Cannabis patients are routinely punished more harshly than pedophiles or armed felons. [Click here](#) for one typical example, and [click here](#) to help this poor woman.

NOTE- If you are using the oil topically to treat skin cancer, a gram or two would likely be enough for just a small topical application. But a full 60 gram oral regimen would still be prudent at some point though, in my opinion.

So let’s break the options down in a little more detail:

Option #1- “Find ready-made oil and just buy it”

In this scenario, it is advisable to go somewhere like Colorado where it is legal, tested and regulated. Not only will it be tested for pesticide residue and mold/bacteria, but you’ll also have a test result with all the important numbers including THC & CBD content. Be advised there is a trend to dilute the oil with coconut or walnut oil, I have used some that are still quite strong but if you have a serious disease you may want to take a little extra to be sure

you're getting the full 60 grams of medicine. If the oil is runny at room temperature it's likely a diluted form of the oil, I think this is done for taste and consistency.

Leafly.com is a website that has detailed strain information, as well as the ability to look for specific strains in your area (in legal states). Weedmaps.com also lists dispensaries.

Look for oil made from an Indica strain with a heavy, relaxing, sedative effect. Request the "couchlock" effect with 90%+ THC, 1-2% CBD max. The other type of strain you'll find is Sativa, my personal favorite but not what you want for making the oil. Sativa strains create an up and energizing effect that can sometimes be frightening for first timers. Sick people (and animals) need oil made from heavy Indica strains so they will rest and sleep. It's also important to get oil that has been heated during the extraction process. The heating causes the THC to become active ("decarboxylated"). Oils extracted using butane or CO2 are not decarboxylated, and thus are unsuitable for ingestion ([see Rick's comments on page 27](#)).

The oil should be a light honey color when a thin layer is applied to white paper. This insures that the oil you are getting is pure and not contaminated with solvent residue, etc. In the photo below, Rick shows what the oil is supposed to look like. The dark streaks at the top & bottom are bogus or inferior oil, the four light streaks in the middle of the paper are what the oil should look like. [Click here](#) for Rick's two-minute explanation. Bear in mind if the oil is made with Isopropyl Alcohol or Everclear it can have a darker color. If the oil has been legitimately tested by a third party lab and is high in THC, it is probably OK to use. Try to make sure the test results include testing for mold & pesticide residue. Context is important here, some folks will be buying on the black market from total strangers, while some will be in a bright sunny dispensary in Colorado, so use your due diligence and in the end your decision is the one that counts. The whole experience of healing also includes taking back responsibility for our health from those who have betrayed our trust.



*"It is usually dark when in an oral syringe. When spread thin on white paper it should have a translucent golden appearance. If any green were seen it would mean it has chlorophyll in it."
-Rick Simpson*

[Click this link](#) for more information on many popular Indica strains, this site is interesting as people rate their subjective experience with various strains. Cannabis affects everyone differently, so look for the general trends in reviews rather than individual reviews when evaluating your choices.

Popular Indica Strains with High THC levels

(click on the blue links for more information)

[God Bud](#)

[Granddaddy Purple](#)

[Purple Urkle](#)

[LA Confidential](#)

[Northern Lights](#)

[White Widow](#) (many varieties, some sativa, so make sure it's a heavy "couchlock" effect!)

[Romulan](#)

[Sensi Star](#)

[Afghani](#)

[Herijuana](#)

[G13](#) (not the brand, but a strain name. There is also a G13 Labs breeder but G13 is a super strong strain, supposedly from the government grow lab)

These are just a few of the more popular well-established strains out there, basically any good "couchlock" Indica-dominant strain will work. "Couchlock" is a term that means after you smoke you'll be so stoned you'll be stuck to the couch. Also it is helpful to combine strains, so for example if you are in Denver and need to get 1 pound for yourself for the treatment, you could get smaller amounts of several strong Indica strains for the broadest possible Cannabinoid & Terpene profile. At the peak of Rick's experiment he had 1,600 plants with over 40 different strains growing in his backyard, as he had found that combining strains increased the medical efficacy of the oil.

From Rick's Facebook page:

"There are two main types of cannabis, Rick recommends "Indica or indica dominant strains" to make the oil with for internal conditions such as cancer:

Indica = relax.

Sativa = energise.

If we use the wrong type of cannabis strain(s) (Sativa or sativa dominant) it can keep the patient awake and be unpleasant as they cannot rest and some may want to stop the protocol altogether.

We do not want cancer patients (or anyone) all high and trying to dance & paint the house etc. - so we use Indica or indica dominant varieties.

Most cannabis dealers / dispensaries know the strains of cannabis they sell - a simple google search will tell us if its indica or sativa (or a mix of both plus the % of the indica).

In some situations we have to use what is available - so make a smaller batch with an ounce or two while you look for better indica strains.

In some cases a care giver may have to source their own starting materials (cannabis) from other places, such as discreetly asking real friends and family to help them, cannabis is popular in every country in the world, so in reality many people can find the cannabis with ease if they need, just by asking friends and family, most recreational users do not shout out about the fact that they use cannabis, so many people maybe surprised who can get the cannabis for them.”

I have followed the classic Dutch strains for some time, and in the last few years since outright legalization the amount of breeders and seeds available has exploded. It has become too saturated to really keep up, but you can follow the various Cannabis Cups (sponsored by High Times magazine) or [look for strains that advertise a cup award](#). The various seedbank sites listed at the end of the grow section are also helpful to lookup strains and their effects as described by the actual breeders.

You just want the plant material to have 20% or more THC and no more than 2% CBD. The final oil should be 70-90% THC or higher, Rick's oils were in the 98% range!

I cannot vouch for this link, but it looks promising for folks far from a legal state with no access in their area:

<http://medicineman.is/>

As a final note, sometimes websites and dispensaries mislabel their strains, and that even includes Leafly.com. I've occasionally seen Indicas listed as Sativas and vice-versa, so be aware of that. And there is no guarantee when you buy a specific strain that you are indeed getting a plant grown from that exact strain from the original breeder. It's not super common, but it does happen so be aware, especially if you are forking out \$3,000 for the oil or flowers. In the end the name means nothing, and there are so many new breeders that the names are becoming less reliable unless you order the seeds yourself from a reputable seed dealer. I have listed several in the grow section of this eBook.

Option #2- “Purchase the Cannabis flowers and make your own oil”

Much of the information and links above will apply regarding locating and selecting high quality Indica flowers from which to make the oil.

From Rick's Facebook page:

"If you don't have any experience with cannabis, the best thing you can do is take someone who smokes cannabis with you, if you try to acquire the needed bud material from illegal growers. A person who has smoked cannabis in the past should be able to tell you if the bud material they have sampled for you has the proper qualities to fulfill your needs. When the proper bud material to produce this medication is smoked, it should have a sedative sleepy effect, which Indica strains of cannabis are well known to produce."

Again, the main factors to look for are very high 20-25% THC content, and low 1-2% CBD. Some of the Indica strains out there do not have 20% or more THC, so ask questions when making selections. Good dispensaries should have test results for THC levels at least. I believe in Colorado they test not only cannabinoids & terpenes, but also they test for mold & pesticide residue. Most places I have been in CA only test for THC. The pesticide and mold tests seem to be in the "Don't ask don't tell" category, at least for now. Many growers use pesticides, and also there is the possibility of Bud Mold and Powdery Mildew. So the more extensive the testing the better, even if it is reflected in a slightly higher price.

If you are buying a pound of buds all at once, at the very least smoke a bit to see what the strength and type it is before paying for it. If necessary buy a gram first and try it if you are in a legal state. On the black market, I recommend taking along an experienced smoker to help you evaluate the product and test it before paying for it.

I recall an old scam someone told me about in San Diego where scammers would have a 1 gallon size sealed baggie with Cannabis stuffed in the corners and the rest of the bag filled with oregano (a cheap spice that looks like Cannabis). The scammer would rip a corner of the bag (the one with actual Cannabis in that corner) and roll up a joint and smoke it with the buyer. The young unsuspecting buyer, now stoned and convinced the whole bag is the real deal, would then hand over a few thousand dollars. I only mention this for those who live in states that have not yet ceased the war on it's people, and so may have to go to the back alleys to find plant material on the black market. [Click here](#) to read Rick's posts on avoiding scammers.

I cannot vouch for this link, but it looks promising for folks far from a legal state with no access in their area:

<http://medicineman.is/>

Option #3- "Grow your own Cannabis, and then make your own oil"

Cannabis is technically a "weed," so it is relatively easy to grow per se. Growing exceptional medicine however, is more of an art in itself much like growing prize-winning orchids. If you are up to the gardening challenge, I have included a section with all sorts of cutting edge grow info you won't find compiled anywhere else. Be aware that growing Cannabis is really

a “measure twice, cut once” type of an activity, and there are many hurdles to overcome for a truly top-notch harvest. Inferior Cannabis makes inferior medicine, so if you are ill I would not start with growing. A complete guide to growing exceptional Cannabis is beyond the scope of this eBook, but I have left you a resource roadmap that has everything you need to learn a WHOLE lot more!

Modern Cannabis production methods create a multitude of environmental tragedies, when in fact a more eco-friendly approach yields far more quantity & quality of product, as well as a richer, fuller Cannabinoid & Terpene profile. Two of the biggest offenders are inefficient lighting and chelated liquid nutrients.

Most indoor lighting is High Pressure Sodium or HPS. It is grossly inefficient, creates enormous heat, and on a large scale is an electricity consumption monster. There are great [new products](#) out there that run on half the electricity, and also generate little to no heat, reducing cooling costs. Also the science of light spectrums has advanced a great deal, creating additional efficiency in the newer technologies. If you are fortunate enough to be in a place where you can grow outdoors, the cost of an indoor grow can be avoided. Indoor grows provide (hopefully) an ideal environment for the plant to grow to it’s fullest genetic potential.

These are the basic methods used to grow Cannabis:

- Hydroponics
- Soil
- Veganic (“organic,” with no animal based soil amendments, grown in soil)
- **TLO or “True Living Organics”**

Notice in #3 the word “organic” is in quotes, as many liquid “organic” products out there actually contain salts that kill the microlife in the soil. Once you pour liquid nutrients on your plants you will have to continue to do so until harvest, because you’ve just destroyed the ecosystem in the soil. They contain salts that essentially “force feed” your plants, like some beer guzzling contest at a frat house initiation ceremony! Even OMRI “organic” labeled products often contain these salts, as well as preservatives which can wreak havoc on your soil pH. On the large scale these salts destroy massive amounts of fertile soil every year via “salinization”, and also leach into the waterways and destroy marine life. The marine “dead zone” in the gulf area for example, is due primarily from the salty run-off of corn crop fertilizer along the Mississippi river. The absolute best way to go is TLO. You see, TLO is the “old fashioned” way, or as we’ll all soon realize, the “normal” way. For thousands of years farmers had no mail order or corner hydro shop to feed them a constant supply of soil destroying products. The high tech chemical growing technologies of the last 50 years are not only an “experiment” that is inferior in quality & yield, but also heavily damage the environment. It’s possible to use properly amended soil, and literally “just add water” and end up with the highest quality flowers possible.

Tap water with Chlorine or Chloramine has the same effect, killing the microlife and leaving behind mineral “salts” that ruin the soil. You can see this at home with the calcium buildup on your water fixtures. Salinization destroys thousands of acres of topsoil every year. In TLO growing you will NEVER use tap water, only Distilled/Reverse Osmosis water or rainwater, because the whole key to TLO growing is letting the plants and the microlife do their dance. There are no garden hoses in nature, and the pictures in the next few pages tell all!

You see, in nature there is a symbiotic relationship between the bacteria, fungi, the microlife in the soil, and the plant roots. The bacteria and fungi break down nutrients, which are then consumed by the plant as needed. This natural ecosystem, when nurtured rather than destroyed with chelated nutrients, yields the largest, most exceptional crops possible, whether for Food or Cannabis or whatever. For a fantastic summary of this, I recommend everyone watch the documentary “[Symphony of the Soil](#).” It’s a world class, 2-hour documentary that will open your eyes to a whole new level.

Hydroponics

Most commercial cannabis is grown using hydroponics. Hydroponics is the most unnatural process, although its yields are very large hence its entrenchment in the marketplace. Instead of soil, a base of coconut coir or rockwool is used, and a nutrient solution is used to feed the plants. ALL nutrients used in this method are “chelated” and every week thousands of gallons of spent nutrient solution get flushed down toilets nationwide and contaminate our oceans and waterways. [The Cannabis Encyclopedia](#) by Jorge Cervantes covers all these various types of grow methods, as well as basic indoor and outdoor grow setups. It’s the very best overall guide out there, even though he does not yet “get” the TLO approach. The book is also a fantastic reference guide to for nutrient deficiencies, drying & curing, etc. So Hydroponics (“hydro”) is the highest yielding, the most eco-unfriendly, and the smoke is usually missing most of the subtle scents and flavors that true cannasseurs desire. The plants also will often have a chemical taste due to the residue of the fertilizers. Not my first choice for growing medicine to be ingested!

Growing in Soil

A smaller portion of the market share is grown using soil. It’s generally recognized that soil does not yield as much or as fast as hydro, but those who choose soil usually do so in the interests of a higher quality end product. And TLO style growing methods can easily rival the large yields of hydro. As the marketplace becomes saturated, the demand for “top-shelf” quality will increase, and the “top-shelf” market is always in demand as so few growers’ product meets these standards. And as the market grows those standards will hopefully evolve to include the environmental aspects of the grow as well.

And as far as the current soil growers go, almost ALL commercial cannabis is grown using “pre-bottled” or chelated nutrients. Even “organic soil grown” is often grown using chelated nutrients. If you ever watch any grow videos on Youtube, you almost always see bottles of nutrients, or a nutrient dispenser attached to the irrigation system. Folks I’m telling ya, whether it’s Cannabis or Food, the plants are happiest and most nourishing when you work WITH mother nature and the soil ecosystem. It’s all about making a “super soil”, letting the microlife “pre-digest” the nutrients, and then just let that soil feed the plants. Not so gratifying for our egoic minds that want to control everything, or the countless vendors peddling environmental poison, but WOW will your plants ever thank you with an exceptional harvest! And plants grown this way are strong, and much more resistant to pests and diseases.

For more information, read this book from the editor of a popular grow magazine:

[True Living Organics](#)

Try his seeds:

[Kingdom Organic Seeds](#)

And use TLO soil, ready made & shipped to your door (but NOT where the grow is located!)

[TLO soil ready to go](#)

So why doesn’t everyone grow like this? Because it’s not spoon-fed to us through the commercial system, so it’s off everyone’s radar. Because it’s another “disruptive technology” that makes the status quo obsolete. And because Mother Nature does not have a publicist. So who’s gonna promote it? Me, in a free eBook LOL! The status quo does not and never has welcomed change. It’s up to you and I to turn this around, and it starts with each one of us individually. Growing some of your own food this way will also go a long ways to supporting your health as well. Look at how we grow food (not to mention GMO’s), ever wonder why everyone is so sick all the time? Ever wonder why [SWAT teams raid vegetable gardens](#)? The corporations that grow our food are owned by the same greedy folks who own the drug companies, the media, and congress...I’ll let you do the math.

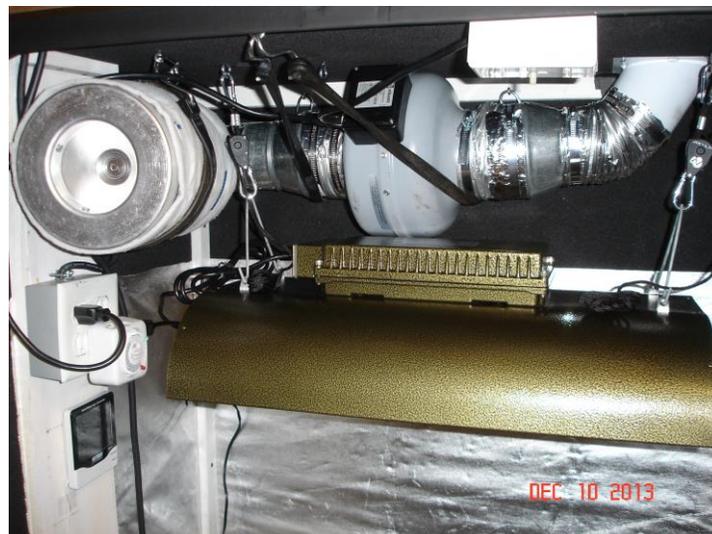
Listed at the end of this section are some of the very best resources you will find to learn more about Cannabis cultivation. Understand that growing prize-winning flowers is an art, and very few hit a home run the first time at bat. This is all new, in fact a whole new way of “thinking” about nature, so give yourself some time to take it all in. It takes a long time to turn around a fast moving aircraft carrier, and the inertia of our entrenched habits and thinking should not be underestimated. The tendency to want to “feed” your plants must be examined and “rewired” to incorporate this new understanding of how plant growth actually works in nature. Another upgrade to the software we call “belief systems!”

A Close Up Look At An Indoor Stealth Grow

These photos will give you an idea of what's possible when one is determined. I will not be covering things in detail, as everything you need to know is available in the resources list at the end of this section. Below is an [Ikea armoire](#) that was converted to a small grow cabinet:



On the left side of the photo below is a small charcoal filter to control odors. The grey centrifugal fan provides exhaust venting through the top of the cabinet, which also draws in air passively through the filtered inputs cut out in the bottom of the armoire. Black PVC pipe was used on the lower input vents to prevent light leaks. There is a timer for the lights and a humidity gauge on the left, and a fan speed controller mounted to the top of the cabinet. Also note that the entire exhaust duct & gear are hung from double bungee cords. Vibration noise from the fans is a big security issue, especially for apartment dwellers!



From left to right, a humidifier, an air “scrubber” (fan + charcoal filter to absorb any smells not caught by the first filter inside the cabinet), and on the right a [UV equipped HEPA filter](#) to take care of any dust, stray spores or mold.



Always sprout & start seedlings out under full strength light, and NEVER use those plastic solo beer cups shown in the photo!

Vegetative growth in a “[Smartpot](#)” made of fabric for super-aeration of the roots:



Twenty days later transplanted from Smartpots to self-watering pots for flowering:



Now comes the bondage LOL! With this [super-soil](#) and [high tech lighting](#), these plants would bust through the roof, so they must either be pruned or tied down. I prefer to tie the plants down, as it's less stressful on the plant. The individual branches are trained to grow up through the holes in the white 4" trellis net above the plants. The trellis supports the branches when those pretty flowers get o' so big & heavy!





And there you have it, the side branches have been turned into a canopy of big buds! This technique is called “Scrog” or “Screen of Green.” There is another technique called “SOG” or “Sea Of Green,” where many small plants are flowered very early, with each 12”-18” plant giving one large cola/bud each. The problem with the SOG method is that high plant counts mean long jail time if you’re caught. About 95% of people who get caught do so by telling someone about their grow. Tell no one, ever! Other dangers include smart meters, postal carriers, delivery & service men, etc. all of whom collect rewards for snitching if they smell or suspect anything. Apartment dwellers beware, people often enter apartments with no warning, and appliances can break, drains can back up, so put the grow in an extra bedroom or other low traffic area away from circuit breakers, hot water heaters, etc.



Always keep plants clean on the underside to prevent unwanted pests & disease. And note the bark mulch on top, very important in TLO style growing!

Note the yellow “sticky traps” to catch fungus gnats and other unwanted pests.

Note the empty Self-Watering pot in the lower left. These work like magic!

Standard window screening was used to keep dust off the buds when the doors are open, that’s why the plants aren’t as clear in this photo.

This “just add pure water” grow used [Inda-Gro](#) lights, and [pre-mixed TLO soil](#).

Feminized seeds of [Durban Poison](#) & [White Siberian](#) were ordered from The [Attitude Seedbank](#) in the UK.

See the links at the end of this section for more info.



Grow Books and Other Resources

“[True Living Organics](#)” by The Rev, Cultivation Editor at Skunk Magazine.

This is the book! You can get the soil pre-made, but if you are serious you should still read his book, and watch the film “[Symphony Of The Soil](#)” to get the big picture of soil growing. And [click here](#) for a video of the Rev at the 2013 Emerald Cup, explaining TLO growing.

[TLO Soil Pre-Mixed & ready to go](#) - used it, loved it, two green thumbs up!

This iconic grow book covers all the methods & techniques in great detail (except for TLO):

“[The Cannabis Encyclopedia](#)” by Jorge Cervantes – THE MUST HAVE REFERENCE GUIDE!

Jorge has some incredible videos & more on [his website](#)

And be sure check out Jorge’s [Youtube channel](#)

**Note that Jorge still recommends commercial nutrients, and look for them in his videos too*

“[One Good Year](#)” A fun, one-hour documentary about off-grid growing in Humboldt County.

Seed Banks

Never have seeds sent to your grow location unless you are in a legal state. Always use the “guaranteed delivery” option when available, so if your seeds are lost or confiscated by customs they will be replaced no charge. It costs a little more, but trust me on this one...

[The Attitude Seedbank](#) Located in the UK, have used before & they are top notch!

[Hemp Depot](#) Located in Canada, have used, top notch but no delivery guarantee available.

[Kingdom Organic Seeds](#) Located in the US, he wrote the book on TLO and he’s in the US.

[Dr Greenthumb Seeds](#) Located in Canada, good reputation, used by pro breeders.

[Worldwide](#) guaranteed delivery, good reputation have not personally used.

[Charlottes Web](#) seeds, high CBD strain in the CNN documentary, have not personally used.

For more information, visit:

<http://www.seedbankreviews.com/>

**Always look for Guaranteed delivery when possible!*

Additional Resources

[Home worm farm for home vermicomposting](#) - fresh worm castings make plants HAPPY!

[Inda-Gro induction fluorescent lighting](#) - used them, LOVE them, longest life on the market.

[Hydrogrow LED grow lights](#) - excellent reputation, have not used personally.

[BlackDogLED.com](#) - LED grow lights, excellent reputation, have not used personally.

[Gorilla grow tents](#) - Super Heavy Duty, also Secret Jardin & Hydrohut brand will work.

[Greners.com](#) - Filtration & Ventilation supplies, etc. with great prices and service.

[Germicide UV HEPA Filters](#) Help to control dust & mold spores in the grow area.

Soil amendments and supplies:

<http://www.groworganic.com/>

<http://www.alisorganics.com>

[Click here for TLO Soil Pre-Mixed & ready to go](#)

[Inside a Commercial grow room in Arizona](#), massive operation (2 min)

Grow magazines:

[Skunk magazine](#) - for growers.

[Weed World](#)

[Marijuana Venture magazine](#) - for large scale folks & entrepreneurs.

Online Grow forums:

[Rollitup.org](#)

[Grasscity.com](#)

Advanced Books:

[Cannabis and Cannabinoids: Pharmacology, Toxicology, and Therapeutic Potential](#)

[Marijuana Botany](#)

[Marijuana Chemistry: Genetics, Processing And Potency](#)

[The Cannabis Breeder's Bible: The Definitive Guide to Marijuana Genetics, Cannabis Botany and Creating Strains for the Seed Market](#)

Making the Oil

<http://phoenixtears.ca/producing-the-oil/>

"There are many ways to produce the oil and I do not claim that my method is necessarily the best, but to my knowledge it is the only one that has proven successful in thousands of cases. Indeed the method that we have shown the world would be considered crude at best, but a very pure form of this medication can be produced in this manner. My intention was to present a method of producing the oil with equipment that is readily available, so if need be almost everyone could produce their own medicine in a simple manner."

- Rick Simpson

How to make Rick Simpson Oil in 10 easy steps?



-  1- Indica strains are recommended, as rest and sleep are part of the healing process.
-  2- Place the bud material in a plastic container. Add solvent till sufficiently saturated.
-  3- Crush the soaked bud material to allow THC to dissolve in your chosen solvent.
-  4- Drain the solvent from the starting material by pouring through a coffee filter.
-  5- Bring the solvent oil mix to a boil in a rice cooker. Use a fan to push away fumes.
-  6- As the solvent boils off continue adding more solvent oil mix till it's all gone.
-  7- Add 8 to 10 drops of water to allow the solvent to be released as the oil thickens.
-  8- Rock the remaining solvent mix back and forth. Never heat over 290F
-  9- Gently pour the mixture from the rice cooker in to a small metal container and let sit on a coffee warmer for final evaporation of any remaining solvent.
-  10- Once there are no more surface bubbles the oil is ready to be extracted in to a syringe or poured in to small container.

Visit our official website - www.phoenixtears.ca/
facebook /ricksimpsonofficial

PhoenixTears

Solvents and Methods of Extraction

There are many different methods of extracting the oils from the plant material. Some methods do not use heat, and thus the Cannabinoids are not in an active state. Oils extracted without heat are intended to be smoked, or cooked into butter etc. if ingested. The oil must be heated (“decarboxylated”) in order to make the THC active. It must also not be overheated during the extraction process or it could destroy the active medicinal components. Here are a couple of the more common extraction methods:

BHO – BHO is short for “Butane Honey Oil,” in this method the oil is extracted using butane. This is a popular technique at home for ambitious youngsters, and it is VERY dangerous! In addition, most butane lighter refill cannisters in smoke shops have rust inhibitors etc. in them and leave nasty residues when BHO is made amateur style. But pure butane in a professional extractor is also quite common. Look for a large extract company that deals in big volume, they tend to have the more professional setups and use pure butane. BHO extraction does not heat the oil, so it is not active medicine if ingested orally. BHO is intended to be smoked, not ingested.

CO2 Extraction is a “solventless” method that uses carbon dioxide gas to separate the oils from the plant material. This method also does not heat the oil, and is used primarily in large-scale commercial settings. CO2 extracts are also intended to be smoked, not ingested.

“Everclear” or Grain Alcohol – It has been suggested by some to use 190 proof Grain Alcohol as it is considered more of a food than a solvent and somehow less toxic. It’s important to understand that when you make the oil as directed there is no solvent left in the oil. Everclear is actually only 95% alcohol. The rest is water, so it’s a fairly weak solvent compared to 99.9% Isopropyl Alcohol or Naphtha. It’s also more in the sugar family and may have unintended consequences on the Cannabinoids & Terpenes. If you are in a serious health crisis, my suggestion is to stay with what’s been proven and worked.

From Rick’s Facebook page:

“With Rick’s method the oil has already been decarboxylated to fit the receptors, with other oils they must be heated to use. Rick’s oil when finished can be ingested straight away.”

“The oils produced by CO2 extraction are not decarboxylated so will not fit the receptor sites unless heated, we do not advise other methods as they are untested and we won’t know if they work - we don’t gamble with lives, we use the standard protocol for all cancers and serious conditions as per instructions only.

Only ever use the approved method, we do not like to comment on other methods that have nothing to do with us, if their was a better method we will display it straight away.”

[Watch this 3 min video](#) of Rick showing how to make the oil using a rice cooker. This video is for educational purposes only, and this method is not recommended as it too dangerous!

Rick originally used Naphtha in a large professional still in his barn, and he also says 99% or 99.9% Isopropyl Alcohol (ISO) will work as well. The solvent strips away the oils from the plant matter, and then the solvent is slowly boiled off leaving just the oil. This process, when done as described OUTDOORS away from any sparks or flame (no joints here please!) is relatively safe. However, if you use a rice cooker or other method that does not recapture the solvent, you will be working in a stinky, toxic cloud of highly explosive gas. Not the best for your health. And it's the people that blow themselves up that are fueling the movement to ban people from doing this on their own.

So PLEASE use a [distiller](#) to make the oil & reuse solvents, it is much safer than a rice cooker. Use the 320 watt version (used for essential oils, etc.), the 580 watt model is for distilling water and runs hotter. It will work, but I prefer the lower operating temperature of the 320 watt model. You want to heat the oil enough to make it active but not enough to ruin it. Solvents boil at a much lower temperature than water, and the oil should *never* exceed 290 degrees F.

Click [here](#) or [here](#) to order the distiller.

[Click here](#) for a brand of pure Naphtha, the Material Data Sheet (MDS) must have the CAS# 64742-49-0 so you know it's 100% PURE Naphtha. This product is available at some hardware stores in the US like Ace Hardware and Home Depot.

For more information and to help support Rick and his efforts, I recommend his other eBook "[Nature's Answer For Cancer.](#)" He has been through hell for his contributions to us all, and this is a way you can help support him and further his efforts to continue the propagation of this life saving information.

[Click here for full written instructions to make the medicine from Rick's website](#)

[Click here to see a list of FAQ's about RSO](#)

A note regarding hemp oil sold in health food stores, posted on Rick's Facebook page:
"The oil currently available in health food stores and elsewhere is not cannabis oil, it is really hemp seed oil. This has caused a great deal of confusion and although hemp seed oil is very good for you, it does not have the healing abilities of extracts produced from high-grade resinous varieties of the cannabis plant itself."

Information on Solvents from Rick's Facebook page:

"Ricks number one choice (available in Canada) is pure light aliphatic naphtha, we have to make sure we get the right version or it may have harmful additives, the one we recommend is a specific type, it is marked with a CAS Number (unique numerical identifier assigned by Chemical Abstracts Service (CAS), the version we recommend has a CAS number marked 64742-49-0, we could order it from ebay or amazon but if the number is not marked, we may have to ask the seller what the CAS number is. If we cannot find it, we could look on another countries ebay and search there (Canada), if you're not from Canada it will take longer to arrive.

Note the limited few alcohols / solvents Rick recommends to use. (use only the ones stated for best / safest results) IPA Isopropanol / Isopropyl 99.9% is one on the two alcohol / solvents Rick uses - 5 litres will be enough for 5 to 8 ounces & 8 to 9 litres will be enough to make the full treatment - when following the instructions to the letter, no traces of the alcohol remain in the final medicine. Buy the 99.9% alcohol on eBay or amazon, if you cannot find the IPA in your country (IPA is available in almost every country), simply log into another countries eBay and order from there, try and get as close to 99.9% as possible, other versions are available, 99.9% is ideal, 99% is good, 95% not so good, 91% is poor, the higher the %, the less water is in the product and the more effective the alcohol will be at stripping the cannabinoids from the plant.

Some oil makers do not like the 99.9% IPA as it can make a darker greener oil with all the waxes and chlorophyll that is not as pure as it can be (PPM) parts per million. To simply overcome this we freeze the IPA for 12 hours before use (it will notice) - then do the 2 x 3 minute quick washes as per video / instructions Oils produced from the 99.9% IPA can be from yellow to red depending on the strains used (when spread thin on white paper). We freeze the IPA only and not the cannabis."

Cannabinoid Educational Resources

<https://www.straindata.com/cannabinoids>

<http://greenflowermedia.com/article/the-world-of-cannabis-terpenes/>

[Dr Bonni Goldstein talks about Cannabinoids](#) (38 min)

[Cannabis Science - Cannabinoid Compounds](#) – 75 min documentary

[Article on Cannabinoids](#)

[More info on Cannabinoids](#)

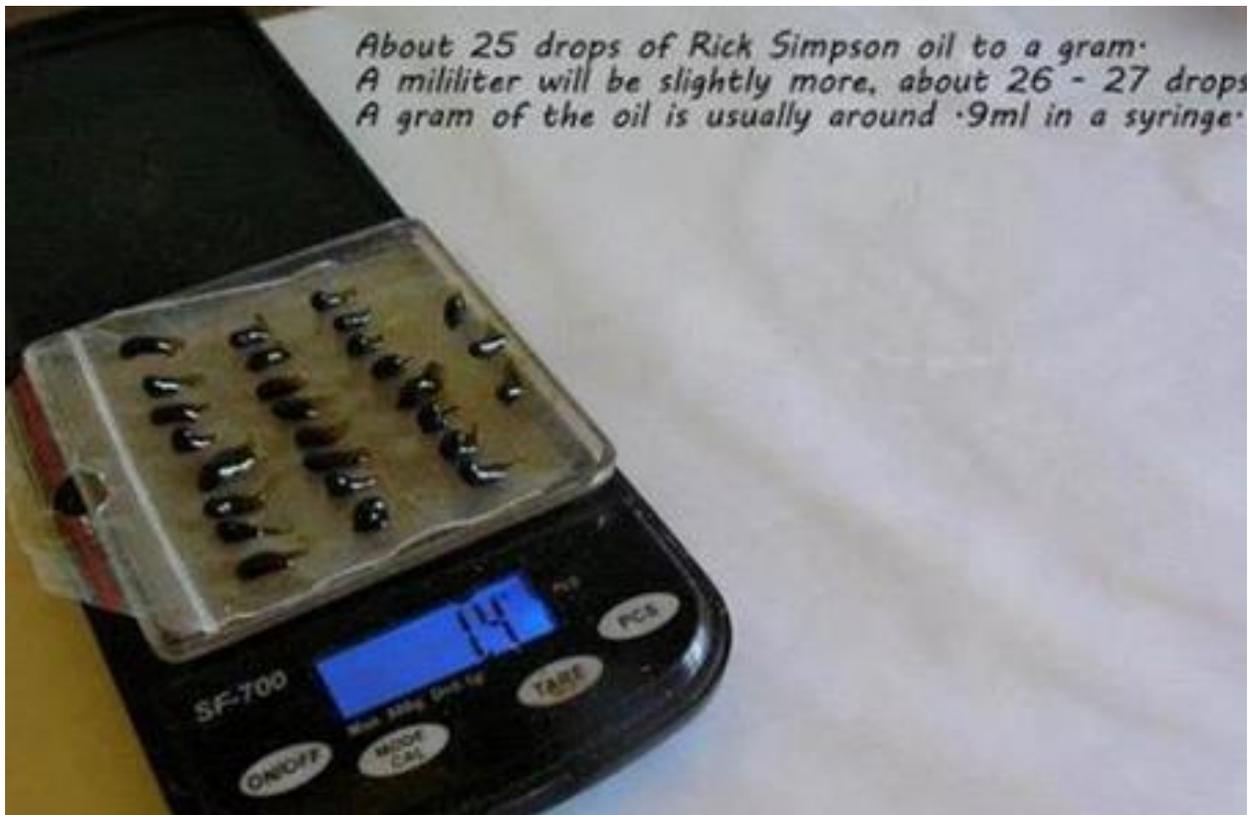
[Click here](#) to read the article "How Medical Marijuana Works"

Dosages

Rick's normal protocol is to ingest 60 grams of oil over a 60-90 day period. If someone has had chemo or radiation, he recommends 120-180 grams total. A maintenance dosage of 1 drop a day is recommended for life after the initial treatment. Dosages are the same for every condition, although the oil can also be applied topically and/or put into suppositories (not regular gelcaps, you have to get the special suppository type, see details below).

Here are some important posts on dosages from Rick's Facebook page:

"Follow the dosage instructions posted on Rick's website. Start with the size of oil at half a dry grain of short grain rice sized amount 3 times a day and double the dosage on every 5th day until the person / patient is on 1ml per day total."



"If a condition is in the liver or digestive system it is best to ingest the oil.

If a cancer / condition is not in the liver or digestive system the use of suppositories can also benefit a person / patient to heal faster and with less effects on the mind and body if taking a larger dose (details below).

The use of ingesting hemp seeds / hemp hearts is recommended in the patient's diet when they are using the oil. Ingesting a capsule or 2 of shop bought hemp seed oil (cold pressed hemp

seed oil) 40 minutes to 1 hour before the RSO dose will help to create new receptor sites for the oils molecular structure to bind onto.

When the patient takes the RSO (Rick Simpsons Oil) many people find if they are using any medications such as steroids / painkillers / morphine makes horrible side effects when mixed, so many people reduce the medications by half on day one - then reduce and stop the medications over 7 to 14 days - mixing the medications with the oil can produce undesirable side effects - the symptoms / side effects of the medications can be exacerbated, The main conditions / medications we warn about are the heart, blood pressure and diabetes and to closely monitor the levels over 3 months or so.

When the cancer is gone or the condition is under control (usually when the full 60 Mls of correctly made oil are ingested) or for general good health benefits, we recommend to take a preventative / maintenance dose of between 1 to 2 ML per month, this tiny amount equates to the size of between "half to a full dry grain of short grain rice" per day, usually taken an hour before bedtime. This maintenance dose is essential as we have known of a few cancer patients who did not do the "maintenance dose" and the cancer returned, if the oil is made correctly and a maintenance dose is followed (forever) it will keep it away.

We do not recommend any scans to be taken / ordered until the full 60ml of correctly made oil has been taken over 90 days (as per dosage instructions). When possible ask for a MRI scan or an ultra sound or x-ray. The use of CT scans may be required in some cases, but in many cases a MRI would also work to know if the cancer / tumour / tumor is shrinking or has gone. Rick does not like CT scans as they use very high levels of radiation and in many cases do more harm than good, in some cases a CT scan is the only thing that can work, but stay away from them if / when possible."

[Click here to learn more about dosages from Rick's website](#)

Suppositories

"Suppositories and their disadvantages...

When treating cancers / diseases in the liver or the digestive system, the oil will not reach the area its needed, we would simply use the #1 method of ingesting the oil as per the dosage protocol for cancer on Rick's site, when we ingest the oil it gets to all parts of the body.

Benefits of suppositories...

When a patient is suffering from an advanced cancer, serious disease or aggressive illness and time may be an issue (if an end of life expected date has been given by a doctor) / they want to heal faster or basically any serious condition such as COPD, breathing / lung diseases etc. the use of suppositories is a huge advantage as more oil can be taken by the patient with less effects in a shorter time frame.

As the oil bypasses the liver and does not "directly" enter the blood stream, the patient still gets the healing effects (except the liver or digestive system) and this could be in as little as 20 minutes, when a patient uses suppositories we advise to also ingest some oil, so we can attack the condition / disease from both ends.

When searching for the blank suppositories to administer the oil, it would be advised to double check the capsule you are buying (ebay / amazon) is designed for the purpose of a "suppository", as some people have been known to make the mistake and buy the blank capsule that is designed to be dissolved by water / stomach juices, if they make this mistake the capsule will pop back out whole and intact undissolved, so make sure you get the right version, also we would advise to look for a version that is made from natural ingredients.

Some people have been known to use a clean oral syringe and administer the medicine that way.

Other people may buy ready made "molds" to make their own suppositories and refrigerate the mixture to make it hard and solid, but if the suppository is not inserted fast enough, it may melt and be quite messy and waste some medicine.

When we make a suppository with RSO, we would mix the thick oil by warming the oil slightly and mixing it with either cocoa butter or coconut oil, we would mix the ratio of rso and other oil at a 50/50 mixture and put into the blank capsules, taking into account the amount of rso used for that dose was at 50%.

When dealing with cancer, we must know where it is exactly, if we believe the cancer is in the brain (we ingest the oil and "could" use suppositories as well, but if the cancer was in the brain and liver (it is very common) then we would advise to ingest the oil."

Animal Dosages

This section is made up of posts from Rick's Facebook page:

"In my opinion, there is no better medicine to give to an animal. I treated my own dog with wonderful results. It is a known fact that dogs have a much faster metabolism than humans. In many cases dogs heal so rapidly, that you can almost see it happening.

If you have the proper oil, I do not know of any treatment that is more effective to treat cancer in dogs or humans and usually dogs can be cured of this dreaded disease in a very short time. Usually dogs only require a few grams of this oil to rid themselves of cancer, so if I were you I would get the dog on the oil as soon as possible. When treating dogs internally with the oil there is very little to be concerned about, for if the oil was produced from strong medicinal strains of Indica they have a very sedative effect and even if you gave a dog far too much it would simply go to sleep, but once the dog awakened you will find that it has not been harmed.

The oil cannot cause harm to the dog even if you were to give the dog far too much, if you have the proper oil all it would do is cause the dog to sleep and when it awakens it will be unharmed. If I were you I would start the treatment with two drops a day, once in the morning and once in the evening and then slightly increase the amount the dog is taking every four days until the dog is cured. As for treating the dog externally, all you have to do is apply the oil and cover it with a bandage and then apply more oil every three days, I hope this will answer your questions about treating this dog properly."

-Rick Simpson

"Dogs love to take the oil, but often cats can be somewhat indifferent so you may encounter some problems in getting the oil into the cat, so I would just try to mix a small amount of oil in with her food. Animals heal very quickly when compared to humans and since the oil presents no danger, there is no need to worry about the oil harming your cat, even if you were to give the animal far too much. I would start the cat off by giving it two doses a day twelve hours apart and I would give the cat about a half a drop per dose, then after four days at this dosage it can be raised to one drop per dose. I think you will find that your cat will respond very quickly to this treatment and don't be concerned if the animal sleeps a great deal, for this is the effect the oil is supposed to cause. It usually takes only a small amount of oil to heal a cat and once the animal has ingested one or two grams, I think you will witness quite a dramatic improvement in the animals overall health."

-Rick Simpson

"Why use cannabis as medicine for dogs?

First, cannabis works as medicine for anything that has a spine. Because anything with a spine has the endocannabinoid system.

Second, the endocannabinoid system directly regulates the function of the immune system. When your immune system works right, it usually knows what to do.

The oil for dogs and cats etc. is the same oil we would make at home for us humans.

We would recommend that you start with the smallest of drops that would be the same size as a dab (the smallest of doses) - about the same size as a 10th of a dry grain of short grain rice, just like us they need to get used to it and build a tolerance to it.

The RSO (Rick Simpson oil) will not harm an animal.

We would advise to use the oil, and put it on the animal's favorite treat or in their food.

The dosage is 3 tiny dabs per day, that could be increased to as much as 3x a third of a dry grain of short grain rice sized amount (a full grain of "dry" short grain rice amount per day).

Always start with the smallest of amounts, the oil (as most of us know) is very powerful and too much would make the animal sleep all day, if they overdosed on the oil (that would be the owners fault for giving too much or leaving the oil laying around for the animal to get at) they should be left alone to recover, no vets required.

Animals seem to enjoy taking the oil and the medical effects could start from 20 minutes to an hour.

For internal conditions we always recommend for animals to ingest the oil, for external conditions the oil should be mixed in a 50 / 50 solution of coca butter and RSO, other options would be oils like hemp seed oil (cold pressed), coconut oil etc. and applied to the external condition / lump or wound etc., this would allow the thick oil to spread easier.

Animals seem to process the oil fast, with humans a typical nasty cancer would need to take 60 Grams of RSO over approx 90 days (if it was not enough, for example if the patient was damaged by chemo etc., the human would need to do 2 or 3 times this amount, with our furry friends a smaller dose is required for conditions like cancers, a typical dose for a dog would be 2 Grams over 2 to 3 months, for a cat 1 to 2 Grams over 2 to 3 months. Although we have known of cancers in dogs and cats vanish in 2 weeks, it would be advised to dose over 2 to 3 months to be sure.

We advise after the animal has had their dose of RSO that they should be left alone to rest, many animals (and humans) like to have a rest when on the oil, sleeping is ok and typical, animals should be allowed to rest in a quiet place in the shade. We also recommend animals have access to plenty of fresh water.

Some animals may respond differently to the RSO, some may want to sleep, others may want to play, this is typical, but we advise the oil to be made the same as for humans, indica

dominant or pure indica strains should be used and when possible a minimum THC content of 20% to 25%+ should be used, mixing several strains makes a great oil.

Indica strains = relax

Sativa strains = energise/ energize

for internal conditions such as cancers we always recommend indica or indica dominant, resting and sleeping are great for healing.

The oil is the best natural painkiller, and will destroy cancer cells safely and will help the animals immune system and general good health.

Smaller batches with an ounce of cannabis can be made by following the instructions and "how to make the medicine" video found for free on Rick's website, they are easy to follow, a typical ounce of high quality cannabis will make 3 to 5 Ml (millilitres) or approx 3 to 5 Grams, low grade cannabis will not produce the same quantity of RSO.

As the research has not been fully done on what particular strain of cannabis is best suited to a particular condition, we advise to make an oil with several strains to try and cover all the bases (when possible), so if you were to buy 1 ounce of indica dominant cannabis (28 Grams), we would recommend you buy 4 x 7 Grams (4 x quarter of an ounce = 28 Grams / 1 ounce or 8 x 3.5 Grams = 28 Grams / 1 ounce).

*The use of ingesting hemp seeds / hemp hearts is recommended in the animal's diet (mix with normal food). **Ingesting a capsule of shop bought hemp seed oil (cold pressed hemp seed oil - burst / mixed with the standard food each day) will help create new receptor sites for the oils molecular structure to bind onto.***

Rick Simpson does not sell the oil, we only provide information so you can make your own medicine. There are many scammers who patrol our page and other pages claiming to be Rick, one of his team or another reliable source to obtain the oil, they are ruthless and prey on people who ask where to get the oil from. The scammers will say anything to part you from your money, there are dozens of scams they may use, so please be careful. Ricks oil contains a lot of THC, so it cannot be posted / shipped, avoid any such claims. It is not advised to ask where to get the oil from on a public page, the only true answer is to source the cannabis and make your own, Rick says if you can make a cup of coffee, you can make the oil, if you're not able bodied, then it is advised to ask real friends and family to help you.

We do not recommend a particular dispensary where to obtain the oil from, if you are in the US / Amsterdam and look for a dispensary who claims to sell RSO (Rick Simpsons Oil) then please note that it was not made by us, if you do travel to such a dispensary it would be advised to look for one who displays an authentic valid laboratory test certificate showing the full cannabinoid analysis, a typical RSO may contain a THC content of 70 to 90%+, and approx

1 to 2% CBD, as many dispensaries are interested in their profit margin, many will use low grade materials to make an oil from, including leaf, stems, stalks and even roots, some have been known to bulk their product up by adding other oils, as there are no standards enforced upon such dispensaries the oil is usually not strong and won't have the desired effect to help with serious conditions such as cancers, for this reason we always recommend that you make your own oil, such dispensaries are ideal to obtain the cannabis from to make the oil, we must use indica or indica dominant strains with a minimum THC content of 20% to make an oil for internal conditions - several strains mixed together can make a great oil.

With serious conditions such as cancers (as with humans) a tiny maintenance dose is highly recommended to keep the cancer away once it is gone (as cancer is a nasty thing that likes to sometimes come back) , a maintenance / preventative dose would be advised, a quarter to up to half a Gram of oil per month for cats and half a Gram up to approx 3/4 (3 quarters of a Gram) of a Gram per month for dogs, this will also help to boost the immune system and help rejuvenate vital organs and help overall general good health, smaller dogs slightly can take a smaller dose - always keep them within their comfort zone, they will build a tolerance within 2 weeks, start small with a dab and build the dosage every 4 days until the maximum maintenance / preventative dosage has been taken

1g / one Gram = 0.9ml / .9 Millilitre.

When the animal takes the homemade RSO (rick simpson oil), make sure if they are using any medications such as steroids / painkillers / morphine to reduce the medications by half on day one - then reduce and stop the medications over 7 days - mixing the medications with the oil can produce undesirable side effects - the symptoms / side effects of the medications can be exacerbated and as the medications and the oil both contend for the same receptor sites, reducing the medications is advised as the oil will not be able to work as it should and will be less effective.

For external cancers use the oil topically and internally, when it falls off or disappears then continue with a tiny maintenance dose."

Juicing Raw Cannabis

There has been some very recent research into the juicing of raw cannabis for arthritis and other conditions, more information can be found in the work of Dr. William Courtney.

[Click here to watch the 15 minute documentary "LEAF"](#)

(note - in the video he mentions doses of 10mg & 600mg. Ricks protocol is 1000mg a day)

Click the links below for a full lecture by Dr. William Courtney:

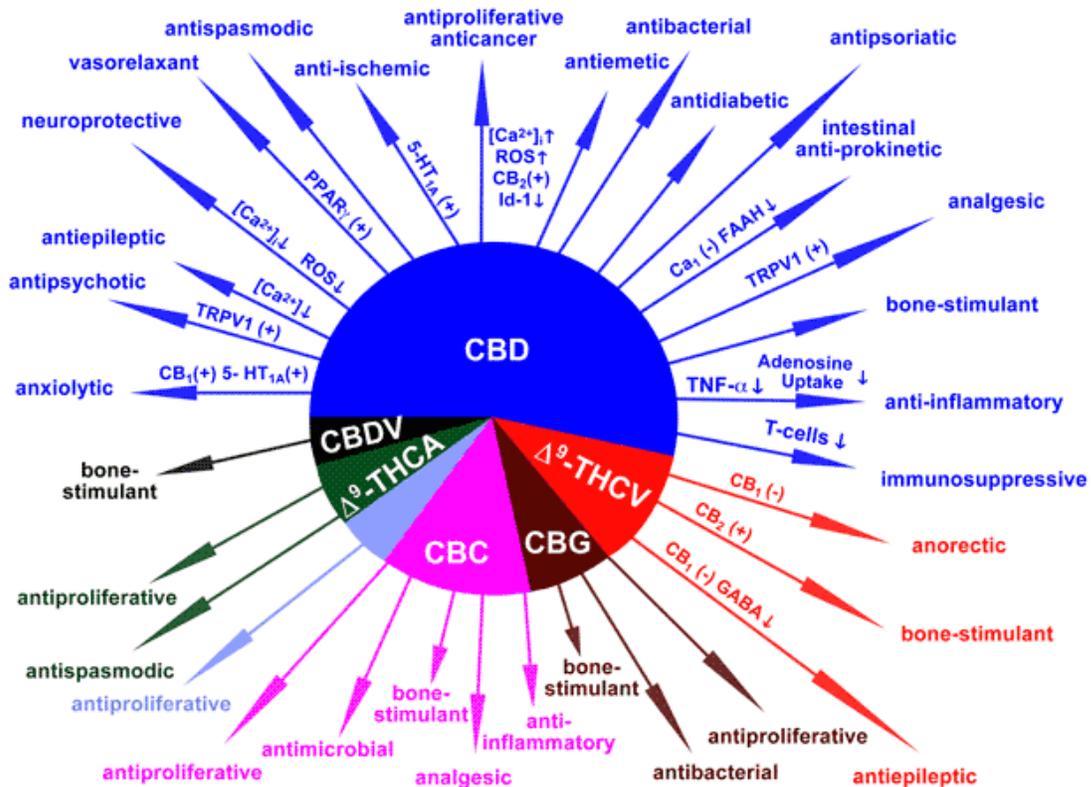
[Part one, 1 hour](#)

[Part two, 48 min](#)

[Click here](#) for an article on juicing Cannabis by UnitedPatientsGroup.com

This chart is also from Dr. William Courtney, his research is focused on raw juicing and non-psychoactive forms of Cannabis:

Pharmacological actions of non-psychoactive cannabinoids
(with the indication of the proposed mechanisms of action).



TRENDS in Pharmacological Sciences

Additional Health Tips

Don't worry too much about understanding this medicine and how it works. Your body knows what to do with the Cannabinoids. Worrying just slows down the healing process.

From Rick's Facebook page:

- ✓ *"Rick also advises for cancer patients to ingest the seeds from 2 different apples each day to obtain the vitamin B17, the seeds do contain trace elements of cyanide - the lethal dose for an adult is said to be 1700+ seeds in 24/48 hours - so a few won't harm - many private cancer treatment centers use B17 - cancer hates B17. (the seeds should be split or chewed or they may pass through the body whole)."*

- ✓ *"The use of ingesting hemp seeds / hemp hearts is recommended in the patient's diet when they are using the oil. Ingesting a capsule or 2 of shop bought hemp seed oil (cold pressed hemp seed oil) 40 minutes to 1 hour before the RSO dose will help to create new receptor sites for the oils molecular structure to bind onto."*

- ✓ *"Stay away from sugars - cancer loves sugars."*

Watch "That Sugar Film" - This is epically well done and a must watch for everyone!
TO WATCH, CLICK ON THE PHOTO BELOW, THEN SCROLL DOWN THE WEBPAGE AND CLICK THE LAST VIDEO IMAGE/PLAYER THAT LOOKS LIKE THE ONE BELOW:



IF YOU CLICK ANYTHING ELSE ON THE LINKED PAGE YOU'LL GET POP UP ADS!

<http://pubfilm.com/that-sugar-film-2014-full-hd-pubfilm-free.html>

[Click here](#) for an incredible book by Louise Hay on the mental patterns of physical illness.

[Click here](#) to watch Bruce Lipton explain the science of how our attitude affects our health.

[The Health Ranger](#) – Featured on Dr. Oz, a TRUE health advocate superhero!

[DrSircus.com](#) - Located in Brazil, read his articles on Magnesium and Baking Soda.

[Biomat.com](#) An FDA approved far-infrared heating mat made with Amethyst crystals.

[Colloidal silver generator](#) - I have one of these and a biomat, and I love them both!

[Bach Flowers "Rescue Remedy"](#) - available at health food stores, helpful for animals too.

[Healing Clay](#) - awesome for bug bites and drawing out toxins.

Some Homeopathy sites:

http://www.ritecare.com/homeopathic/guide_top_12_ref.asp

<http://abchomeopathy.com/>

MMS – controversial, but [remember what they still say about cannabis!](#)

I don't like to take it internally but it works wonders for toothaches and topical issues:

<http://jhbooks.org/>

<http://mmsnews.org/>

<https://www.youtube.com/user/MMStestimonials>

Stretching & movement; also slow & steady deep breathing.

[Turn off the TV](#)

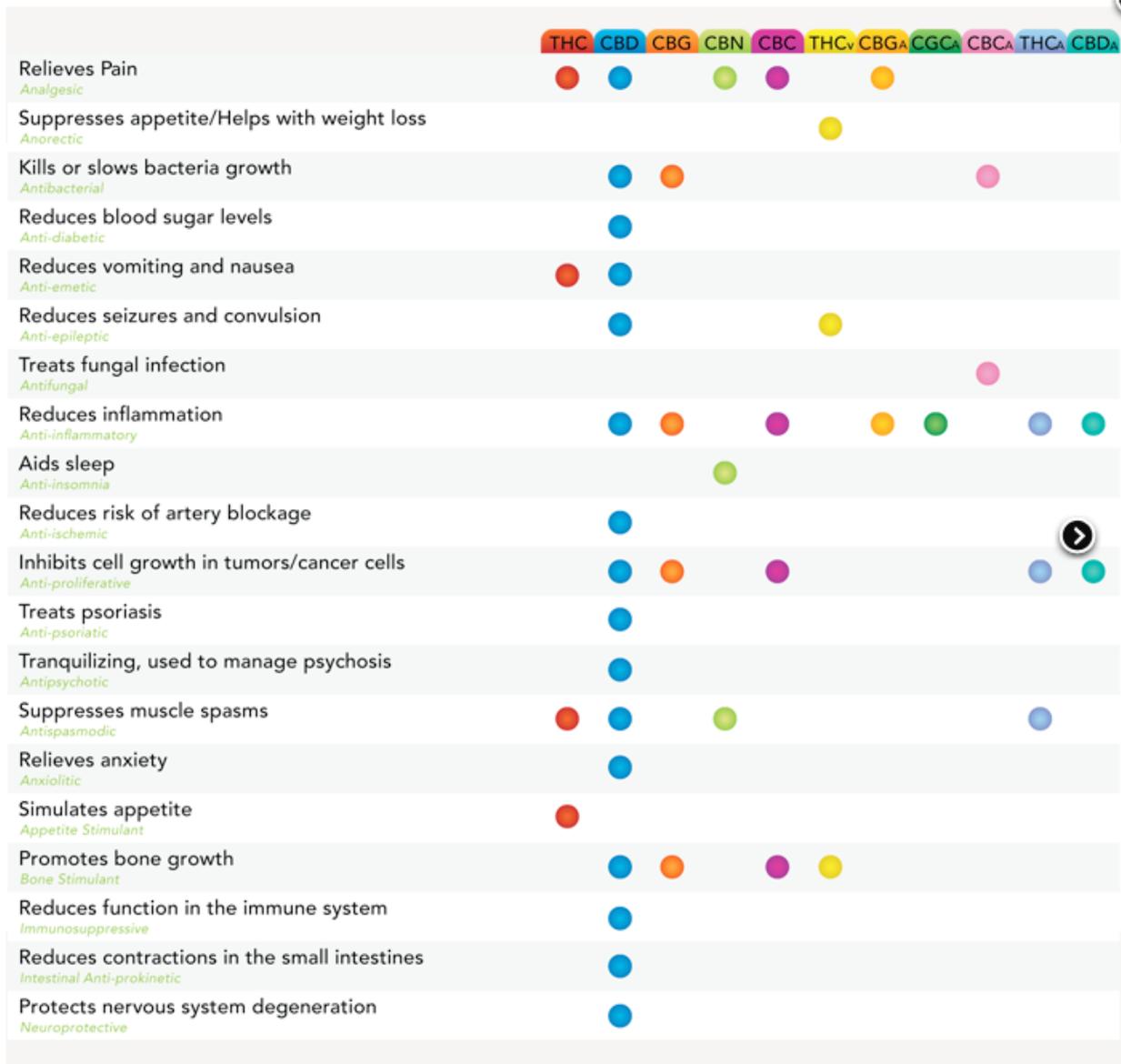
Psychoactive Sacrament info can be found by clicking [here](#) or [here](#).

[Aloe Vera](#) is very powerful, it contains high amounts of something called "monosaccharides," the building blocks of cellular communication used by your immune system. There's a whole new branch of science called "Glycomics" based on this recent discovery. Most of the monosaccharides have been farmed out of our food by big agri farming practices, so we are no longer getting them in our diet.

Bacteria and other maladies tend to thrive in an acidic environment, so if you can raise your body pH to 7 or higher it goes a long way towards creating a hostile environment for disease. Basically sugar and processed foods lower pH, and plants and unadulterated foods raise the pH. Sugars (even fresh fruit) should be used in moderation, especially with serious illness, and all processed sugar should be avoided. Watch "That Sugar Film!"

"Alkaline" water - While I have not personally had much experience with alkaline water, it seems to me to be contraindicated near mealtimes due to the high acid levels required by the stomach to digest food. If I were to use such a product I would be inclined to use it between meals so as not to work against the digestive process.

Here are a couple charts with some of the known Cannabinoids and the symptoms they help with. The future holds much promise for breeders who can breed for these various Cannabinoids although THC is still the most effective one known at the moment. Some of the charts may have conflicting data as new research is incorporated into the mix.



Temperatures	Cannabinoids	Treatments	+ Compounds	Treatments
Range 140° - 257°f 248°f	Tetrahydrocannabinol THCA Acid Conversion	1) Requires 30 mins. in the oven. 2) When eaten raw (<i>unheated</i>): > Anti-inflammatory, > Anti-epileptic, and > Anti-proliferic.	+ Cannabigerol CBG (Converted CBGA)	<i>Conversion occurs while curing.</i> > Anti-inflammatory, > Analgesic, Anti-bacterial, > Anti-fungal, Bone stim., > and Anti-proliferic.
Range 176° - 275°f 266°f	Cannabidiol CBDA Acid Conversion	1) Requires 60 mins. in the oven. 2) When eaten raw (<i>unheated</i>): > Anti-proliferic, and > Anti-inflammatory. > Not fully elucidated.	+ β-caryophyllene = 1 st Med Vapour During CBD conversion.	Anti-malarial, Cytoprotective, and Anti-inflammatory. <i>Increases CBD, and CBN content.</i>
Range 212° - 293°f 284°f	Cannabichromene CBCA Acid Conversion	1) Requires 60 mins. in the oven. 2) When eaten raw (<i>unheated</i>): > Anti-bacterial, and > Anti-fungal. > Not fully elucidated.	+ β-sitosterol = 2 nd Med Vapour During CBC conversion.	Anti-inflammatory, and 5-α-reductase inhibitor. <i>Increases CBC, and CBE content.</i>
Boil Point 315°f 311°f	Tetrahydrocannabinol THC Delta 9 (Δ-9)	> Anti-inflammatory, > Appetite stimulant, > Anti-emetic, > Anti-proliferic, and > Anti-oxidant.	+ α-pinene = Daytime Meds	With CBD, treats MRSA, Anti-inflammatory, Bone stimulant, Anti-biotic, Bronchodilator, and Anti-neoplastic.
Range 320° - 356°f 329°f	Cannabidiol CBD Excludes Δ-8	> Most conditions listed, excluding the following: > Anti-insomnia. > Anti-fungal, and > Appetite stimulant.	+ β-myrcene = Daytime Meds + Δ-3-carene	Analgesic, Anti-biotic, Anti-mutagenic, and Anti-inflammatory. Anti-inflammatory.
Boil Point 351°f 347°f	Tetrahydrocannabinol THC Delta 8 (Δ-8)	<i>The Δ-8 cannabinoid model lead to the HHU-210 from Hebrew University.</i> > Non-psychoactive. > Neuroprotective, > and Anti-emetic.	+ eucalyptol + limonene + ρ-cymene + apigenin	Blood blood flow stimulant. Anti-depressant, & Agonist. Anti-biotic, & Anti-candidal. Estrogenic, & Anxiolytic.
Boil Point 365°f 365°f	Cannabinol CBN THC degradation	<i>CBN increases with the prolonged exposure to heat, oxygen, and time.</i> > Anti-spasmodic, > Anti-insomnia, and > Analgesic.	+ cannaflavin A = Nighttime Meds = NORML Favourite	COX inhibitor, and LO inhibitor. <i>Pending device temperature error.</i>
Boil Point - Theory 383°f	Cannabielsoin CBE CBD degradation	<i>CBE increases with the prolonged exposure to heat, oxygen, and time.</i> <i>Likely to contain cannabinoids other than CBE. Intended to show the maximum medicinal temperature.</i>	+ linalool = Nighttime Meds = Club Favourite	Sedative, Anti-depressant, Anxiolytic, and Immune potentiator (like limonene.)
High Benzene Level 401°f	* Hydrocarbons * Benzene * Avoid vapours *	WARNING Toxic Vapours at 392°f. <i>Harmful smoke toxins begin:</i> www.canorml.org/health/vaporizers	+ terpinen-4-ol = Smoke ≥ Vapour + borneol	Antibiotic, and AChE inhibitor (like ρ-cymene.) Antibiotic.
Boil Point < 428°f 428°f	Tetrahydrocannabivarin THCV Blocks THC	> Euphoriant, Anti-THC. > Analgesic, > Anti-diabetic, > Anorectic, and > Bone stimulant.	+ α-terpineol = Smoke ≥ Vapour = Ready to consume	Sedative, Anti-biotic, Anti-oxidant, and Anti-malarial. <i>Reduce toxins by consuming.</i>
Boil Point 428°f 428°f	Cannabichromene CBC Includes THCV	> Anti-proliferative, > Anti-bacterial, > Bone stimulant, > Anti-inflammatory, > and Analgesic.	+ pulegone + quercetin = Smoke ≥ Vapour	Sedative, and Anti-pyretic. Anti-mutagenic, Anti-viral, Anti-oxidant, and Anti-neoplastic.

Quick Reference Medical Chart -> Vapourizer Cannabinoid Temperature Dial © 2014, Virtually Real Applications

Medical Vaporizer Temperature Chart v.2.1.14.17.pdf

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A Word From Rick About CBD & THC



[Rick Simpson](#)

“Authentic RSO does not contain a high CBD content, a typical CBD content of a strain should be around less than or around 1% and 2% max. A typical THC content of the cannabis being used should be 20 to 25%+.

Do not make an oil for cancer from strains with a high CBD content.

A tiny amount of CBD will be present in all strains. Do not seek high CBD strains to make an oil. If anything look for / focus on the THC aspect.

A typical oil made at home with several strains of high quality cannabis with a THC content of 20 to 25%+ will produce an oil with a high THC content typically 90%+ when following the instructions to the letter.

A lot of focus is currently on CBD at present, it is mainly used as a temporary control for seizures and for OCD patients. Ricks oils contain a tiny amount of CBD that controls seizures and the THC helps to repair on a molecular level. Rick would rather see people control and repair as opposed to control only oil.

For cancers the cannabinoid required is mainly the THC and by using too much CBD in an oil will help block the receptors and stop the essential THC from doing what it should.

The best oils are lab tested at 98% THC and 1% CBD with all the other essential cannabinoids, terpenes and flavonoids working together, this is known as the "entourage effect".

For best results use several strains (when possible) of indica or indica dominant cannabis varieties, as the research is not known what strains are best suited to a particular condition or cancer. Rick likes to use a few types of high quality indica / dominant to try and cover all the bases, using a few strains produces a "blanket effect".

Rick mentions not to use high CBD strains / oils in the link posted for you below. A little CBD is ok, but Rick says not to use too much or seek strains with a high CBD content to make the RSO.

Questions for Rick Simpson: (Rick mentions CBD being an antagonist @ 6:31)."

<https://www.youtube.com/watch?v=NSGmKB8sVuQ>

[Click here](#) to read the Time magazine article - DEA Chief says, "Medical Marijuana is a Joke"

Meanwhile back at the huge federal Cannabis farm in Mississippi...workers continue growing and distributing medicinal Cannabis free to patients as they have for 40 years.

The Outrageous Story Behind the US Government's Pot Farm

The Feds refuse to recognize cannabis's medical value yet they've been contracting their own grow for decades.

[>>> Read how this tax-funded pot farm has become the bane of cannabis researchers nation-wide.](#)



This article spells out a tragic interference of scientific and medical progress that has been going on far too long.

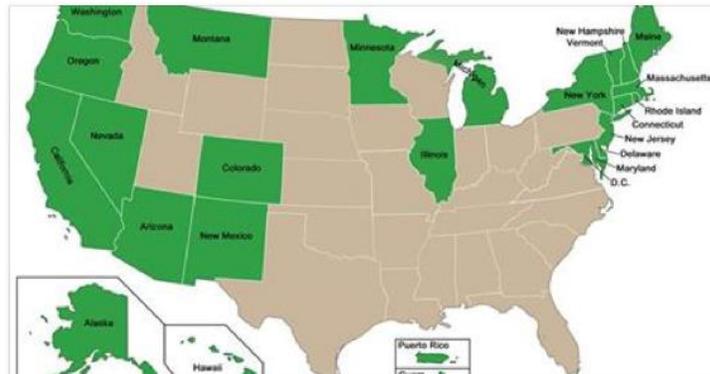
From Rick's Facebook page, click on the images to learn more:



Rick Simpson

October 5 · 🌐

The National Cancer Institute (the U.S.) recently released its report on medical marijuana. The overview of their conclusion is, THC (the active ingredient in marijuana) caused a 45 percent reduction in bladder cancer, remission in breast and liver cancer and more.



Cannabis and Cannabinoids

Expert-reviewed information summary about the use of Cannabis and cannabinoids in the treatment of cancer-related side effects, such as nausea and vomiting.

CANCER.GOV



Did you know?

In the mid 19th century, medical interest in the use of cannabis began to grow in the West.

In the 19th century cannabis was one of the secret ingredients in several so called patent medicines. There were at **least 2000 cannabis medicines** prior to 1937, produced by over **280 manufacturers**.



This is official Rick Simpson's Facebook page. We want people to know how to heal themselves, but we don't sell any products - we provide information how can everyone make it at home! Visit www.phoenixtears.ca and help us spreading the free and worthy information!

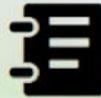
PhoenixTears

How can
RICK SIMPSON OIL
help me?

Cancer
Pain
Diabetes
Arthritis
Asthma
Infections
Inflammations
Blood pressure
Depressions
Sleeping problems

Visit our official website - www.phoenixtears.ca
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**Medical
cannabis
legalization**
has reduced
suicides.

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You were asking...



Which **strains**
should patients
look for?

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You were asking...



Can you compare
the medical value
of **smoking** and
eating cannabis?

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Click the photos for more information on pets, kids and the oil:





If you feel this eBook was worthwhile, feel free to send me a donation via bitcoin.

Here is my bitcoin address:

1McnSvh2USgMoZrgxQ6owWtdjLnk8gYWuK

Thanks in advance, and I wish you all the best of health!!

Don

Click on the picture below to order Rick's two eBooks:

A promotional banner for Phoenix Tears eBooks. The banner is split into two vertical panels. The left panel has a green background and features two book covers. The top cover is titled "Phoenix Tears the Rick Simpson story" and shows a man's face inside a large, glowing tear drop. Below it is the text "One man's battle to prove Cancer is curable." The bottom cover is titled "Phoenix Tears Rick Simpson Oil Nature's Answer For Cancer" and shows a man in a hat holding a wooden stick. The right panel has a light green background and features a large, stylized pencil icon. Below the pencil is the text "Rick Simpson's paperbooks and e-books are available only on our official website: www.phoenixtears.ca." At the bottom of the right panel, the "Phoenix Tears" logo is displayed, along with the text "Visit our official website - www.phoenixtears.ca" and "facebook /ricksimsonofficial".

Disclaimer

- I am not a Doctor or a medical professional.
- I do not diagnose, treat or cure disease.
- I am not intending to give anyone medical advice.
- Nothing contained in this eBook should be taken as medical advice, I am simply sharing my research so each individual can explore their options and make their own choice for which they will always be solely responsible.
- This eBook is for educational purposes ONLY, if you have a medical condition you should seek the advice of a competent medical professional.
- I make no medical claims regarding the use of Cannabis (or any other things recommended in this eBook) to be able to treat, cure or mitigate any named medical condition, malady or disease.
- If you attempt any of the things described in this book, you do so at your risk & responsibility. Making the oil extract is dangerous and ideally it should always be done by a professional. The safest option in my opinion is to simply travel to a legal state, while we wait for common sense to prevail regarding the perpetual federal classification of Cannabis as a “schedule 1 substance with no medical value.” Unfortunately this is tied to international drug laws & treaties, I believe this is why there has been no movement whatsoever on the issue.
- Cannabis is still highly illegal in many states, in areas where what I have detailed is illegal no one should attempt to break the laws of your area. Nothing in this book should be construed as intending or encouraging anyone to break the law. Patients who break the laws regarding Cannabis are punished exponentially more harshly than any other class of criminal. Don't believe me? [Click here!](#) And [click here](#) to help the poor woman.
- I know there are many good & dedicated people in the healthcare industry, I mean no disrespect to all the good people (you know who you are, and thank you!) who work in earnest to help those with health issues.